

# Trinity Stitch Head Warmer

**Cast on 14sts with 10mm needles and a corresponding chunky yarn.**

## Main Pattern

**Row 1:** Right side. K1, p until last st and k1.

**Row 2:** K1 \* KPK, p3tog rep \* until last st and k1

**Row 3:** As row 1

**Row 4:** K1 \* p3tog, KPK rep \* and k1 at the end

**Repeat rows 1 to 4 until your head band measures 20.5in or 52cm long.**

**Note** - This repeat works in multiples of 4 (plus 2 for the selvedge stitches, one st each end of the work).



## Flower

*Note For UK Users. This crochet pattern follows US terms which vary to those in the UK. See below for further information.*

**Use a 6 to 8mm crochet hook. Foundation ring:** Create a slip ring and secure ring with a slip stitch. Work 6 sc into the ring. End with a slip st into first st (after drawing in the ring to close the hole in the centre of the flower).

**Row 1:** Into each sc work one petal as follows: \* slip st, 3ch, 2tr, 3ch and slip st. Rep \*. Check you have 6 petals.

## Centre of flower

Work as the foundation ring to create the centre of your flower. Turn inside out and secure with an embroidery needle into the centre of your flower. Attach the flower onto your head band.

**Use the handy guide below to cross reference the differences in crochet terminology that occur between the UK and the US.**

## UK TERMS

Chain  
Miss  
Slip stitch  
Double crochet  
Half treble crochet  
Treble crochet  
Double treble crochet  
Triple treble crochet  
Raised treble back/front

## US TERMS

Chain  
Skip  
Slip stitch  
Single crochet  
Half double crochet  
Double crochet  
Treble crochet  
Double treble crochet  
Raised treble back/front

## Abbreviations

**Sts-** stitches, **rep \***- Keep repeating the sequence in between the first \* & the rep\*, **k1-** knit 1, **rep \***- Keep repeating the sequence in between the first \* & the rep\*, **KPK-** Do the following all into the next st: K1, then p1, then k1 again. You create 3 sts from 1, **p3tog-** purl 3 sts together, **Sc-** Insert hook into the work and yo and draw yarn through work, **tr-** treble. Yo twice. Insert the hook into the work. Yo and draw through the work only. Yo again and draw through the first 2 loops. Yo again and draw through the next 2 loops. Yo again and draw through the last 2 loops on the hook. One treble now completed.

## Materials

Twilleys Freedom 100% chunky yarn was used in the You Tube video. You will require x100g. 10mm needles and a 6 to 8mm crochet hook for the flower.

## Tension

Look for a ball band tension in stockinette stitch to match the Twilleys ball band tension. 10 stitches & 14 rows to 10cm or 4 inches in stockinette stitch.

**Want to learn how to knit trinity stitch in the round?** Refer to my Chunky Cowl knitting pattern with accompanying You Tube video tutorial - <http://youtu.be/l7dp1SB78M0>



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